## Tips for better feedback

- Be specific Describe details of particular incidents as examples of what the person did or said. You're aiming for something they recognise and understand.
- 2 **Be objective** Describe facts rather than your opinions.
- 3 **Be direct** Don't avoid the issue be clear in what you say.
- 4 **Be simple** Too much detail at any one time is overwhelming and undermining.
- 5 **Be sensitive** Before you speak, think about what it will be like to receive it. Take account of their feelings.
- 6 **Be practical** Make sure that the person can do something different once they have heard the feedback. If they can't change or learn from it, don't give it.
- Be positive Much of what the person did may have been good, which should be acknowledged. Even if you don't need praise or someone else to tell you you've done a good job, others might.
- 8 **Be supportive** Speak in the spirit of wanting to make things better. The best feedback lets the recipient know the giver cares about them developing and wants them to succeed.
- 9 **Speak about the behaviour, not the person** Comment on the particular task or action, not the recipient's personality.
- 10 Leave the next step with the recipient This is making choices about how to behave and act based on their own.

## AID FFFDBACK PROCESS

This is a feedback process that can guide you as you prepare to give both positive and developmental feedback

## **POSITIVE FEEDBACK**

**ACTION** – What was done or said

• What I observed/saw/noticed...., When you said/did....,

IMPACT - The effect it had on the task/team//customer/you ...

• It had the effect of... It caused... it made me feel...

**DO** – Keep doing, do more of (motivate)

- Offer: I'd suggest you keep doing that
  ...I'd encourage you to do this again/more often
- Check: What do you think?
- Ask: How did you get so good at that?
  What else do you know that works?
  Where would it be helpful for you to do this again/more often?

## **DEVELOPMENTAL FEEDBACK**

**ACTION**: What was done or said

• What I observed/saw/noticed...., When you said/did....,

**IMPACT:** The effect it had on the task/team//customer/you ...

• It had the effect of ..., it caused .... it made me feel

**DO**: What should be done differently/next steps (develop)

- Offer: What I suggest you do differently is...this will have (impact)
   A suggestion for the future is...
- Check: What do you think about this?
- Ask: What ideas do you have for improvements?
  What could you do differently next time?
  What's the first step you could take to make progress with this?

Review progress: Agree when you will review progress