

## Imperial Award – earned or won?

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# Imperial Award – earned or won?

- How the programme supports students to tackle the competitive culture at Imperial
- Ethos Process Reward
- How the Award achievers perceive their experience of participating in the programme.













# What is the Imperial Award?

- College-wide programme
- Helping develop practical self-reflection skills, and their ability to 'pitch themselves'
- Formally recognised by the College
- Over 800 students engaged











### **Ethos**

- Encouraging self-reflection on own development
- All about the journey leading to increased selfawareness
  - Broader version of themselves
  - Value of experiences
- Imperial Award attributes













### **Process**

- Private portfolio for capturing reflections
- Resources online
- Cyclical workshops
- Flexible Assessment
- Peer-to-peer mentoring sessions













### Reward

- Reflection, not description
- Ipsative progress
- Transformation
- Competing against yourself
- Further engagement peer support













## **Imperial Award achievers**

"No matter your grades, this is a clean slate because this assesses you on completely unrelated and disconnected parameters, and everyone's path to success is unique. For the IA, you are on your own journey undertaking your chosen experiences, which means you aren't being measured against anyone else. That's a radically different feeling for students. And it finally frees them to see the value of the experiences they undergo, and what lessons they have learnt. Perceiving your own value is always super important for a student and a young adult, and the IA helps you do this way more accurately than academics ever can ".

**Shil, PHD Mechanical Engineering** 











## **Imperial Award achievers**

"(...) the competitive nature at Imperial forces students to complete projects in quick succession and then moving to the next without having an appropriate break to reflect or revaluate their direction. The momentum driven by the competitive atmosphere is difficult to decelerate. The Imperial Award gave me that time and **mind space to reflect** and gave me the skills required to do so. As a result, I have saved a lot of my time by **being more mindful** by, for example not undertaking projects, as I managed to reflect prior and change my direction to **pursue something more meaningful**".

Fatima, UG Medicine











## **Imperial Award achievers**

"The Imperial Award process, as much as the end result, has impacted me more than I expected. I am **more self-aware** and I've noticed that I can handle difficult situations better than in the past. I am happy I did the Imperial Award. It really is **earned and not won**".

Sam, PGT Business School











More info: Imperial.ac.uk/imperial-award

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