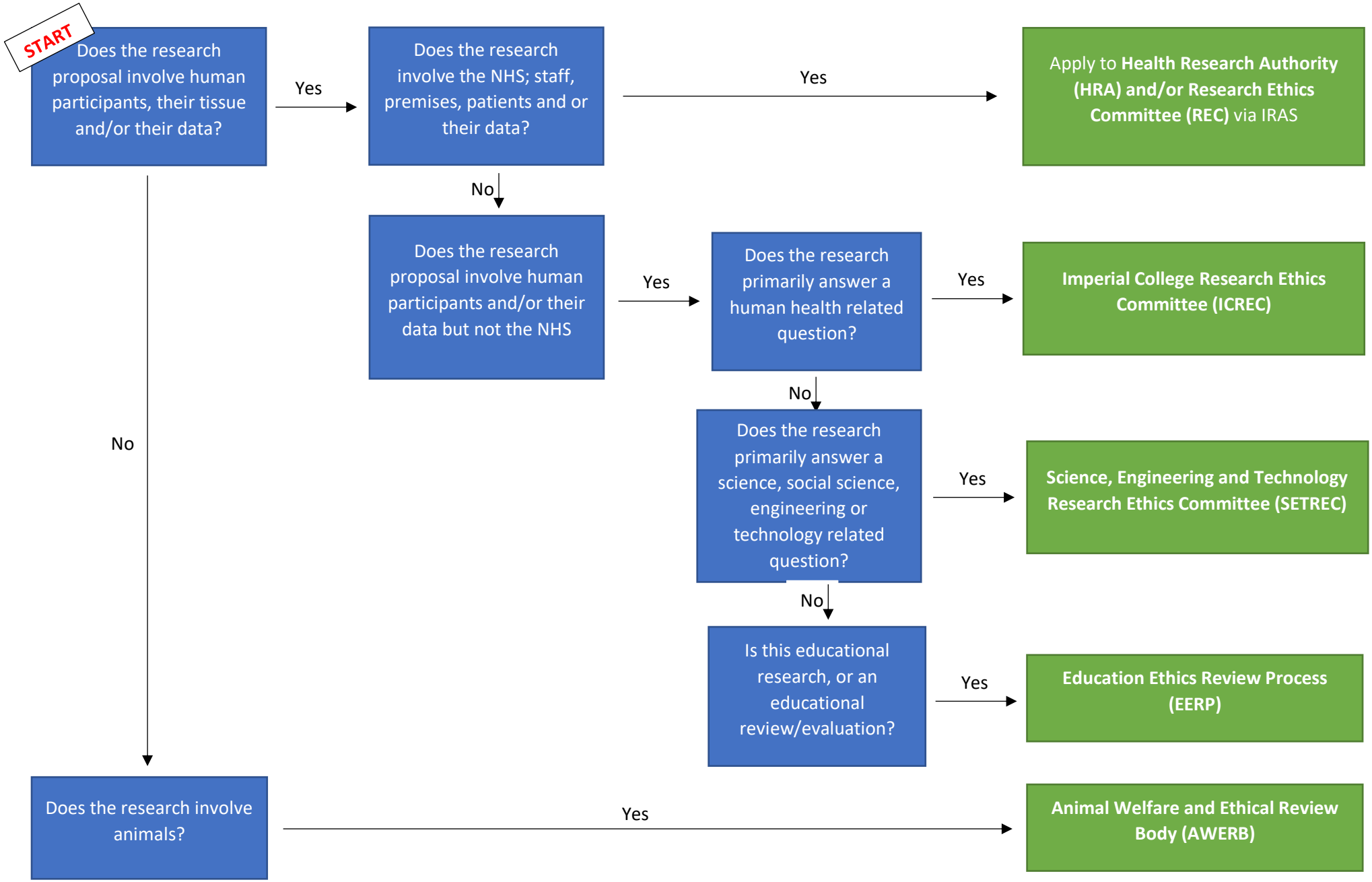Routes for Ethics Review: Types of Research