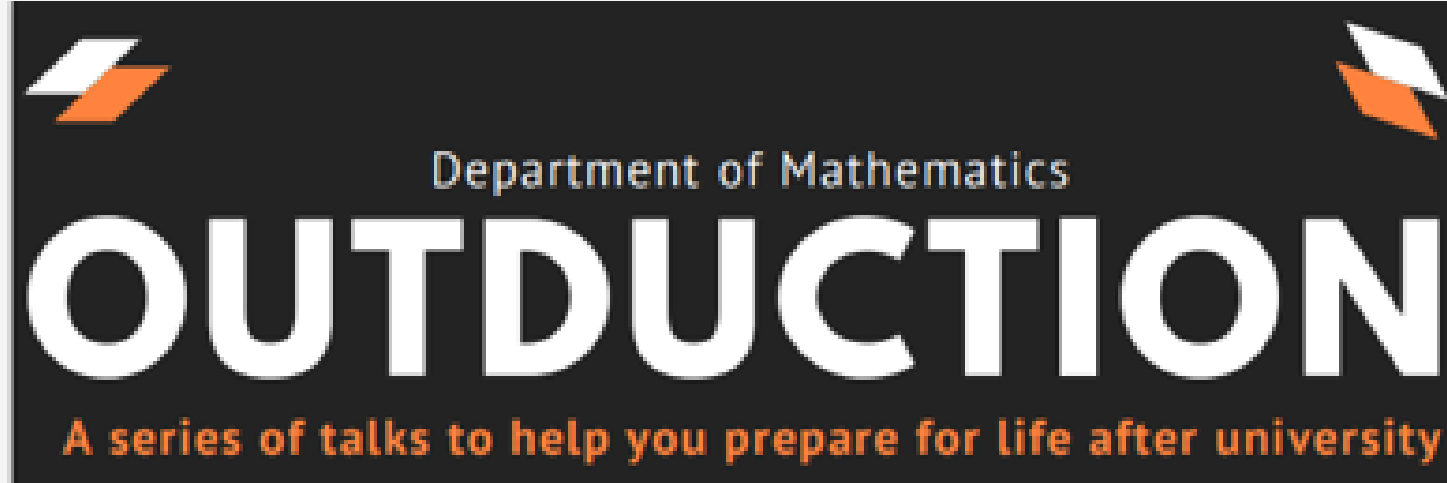


# IMPERIAL



**Supporting transition from  
university to the world beyond**

Inkeri Hibbins & Sai Nathan

# IMPERIAL

Why outduction?  
Started with a student query...

Transition into university,  
growth of independence  
both in studies as well as a  
person

Transition between years,  
growth of academic  
understanding and  
development of plans for  
future

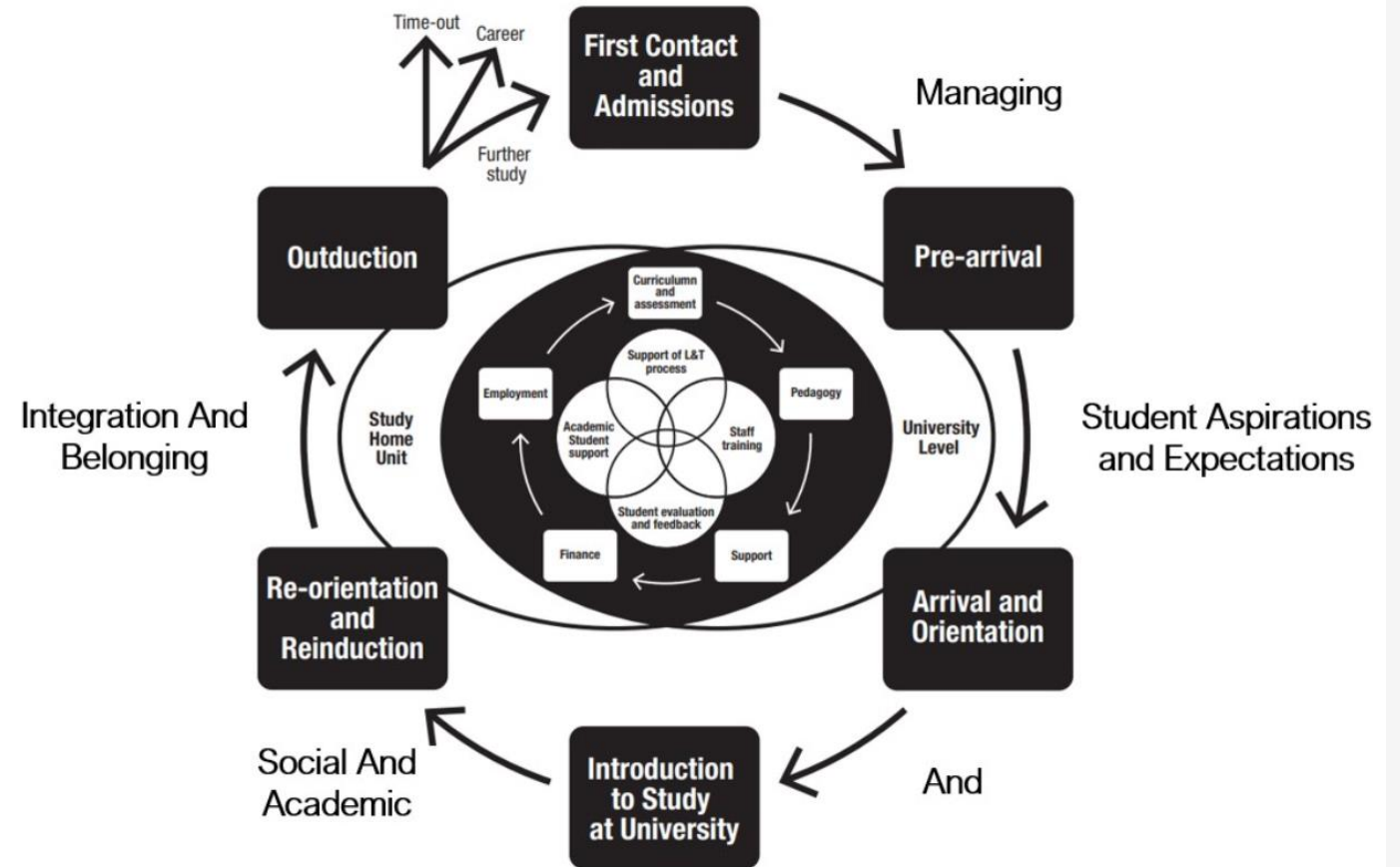
Transition out of university,  
to full time work or  
research programmes -  
less structure – growth of  
individual and  
implementation of theory  
to practical work



# IMPERIAL

“Just as we support students into the world of study, so we need to assist them to adapt and re-enter the world of life.”  
(Morgan, 2005)

The Mathematics Department Outduction (started in 2019) was initially developed in response to graduate feedback and expanded on using ideas from “[Improving the student experience: a practical guide for universities and colleges](#)” (ed. Morgan, 2012) and [The Student Transitions Model](#) (Morgan, 2005).



<https://www.improvingthestudentexperience.com/student-practitioner-model/> (Morgan 2005)

# Outduction – why?

The University Mental Health Charter Framework [originally published in 2019, framework revised 2024] and the most recent Cibyl Student Mental Health Research [2024]) both refer to universities needing to place more focus around this final stage of transition during a student's journey.

## University Mental Health Charter Framework:

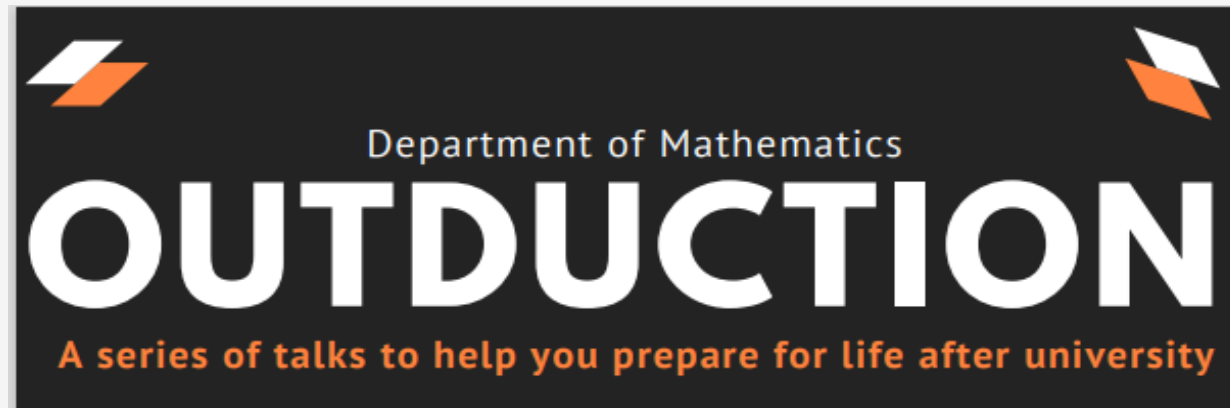
“There is significantly less evidence in relation to the mental health and wellbeing of final year students, particularly in the UK, despite previous indications that depression may be higher in this population... Others highlighted the impact of the end of university, when students may effectively be changing occupation (or losing their occupation with no alternative yet in place), moving accommodation, losing their friendship network and experiencing longterm financial uncertainty... This was seen to contribute to an existential uncertainty and loss of identity and structure. Indeed, graduate wellbeing has been shown to be adversely affected by poor preparation for the workplace and life outside university...”

It is for these reasons that some authors have begun to call for universities to do more to prepare students for the transition out of university... ‘Outduction’, as it is termed... suggests that universities should take specific steps to support students to be ready for this change and to be able to enter the next phase of their life positively. Just as best practice indicates universities should ‘induct’ students into university over at least one academic cycle (a semester or a full year), so too they should ‘outduct’ them by starting this process at the end of their penultimate year and throughout their final year...”

[https://hub.studentminds.org.uk/wp-content/uploads/2023/07/UMHC-Framework-Updated\\_2024.pdf](https://hub.studentminds.org.uk/wp-content/uploads/2023/07/UMHC-Framework-Updated_2024.pdf) (p. 39)

**IMPERIAL**

# **It's Application**



# Programme Formation

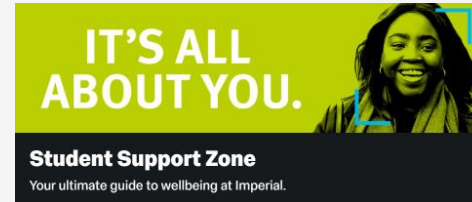
Audience

**Final year UG and MSc students**

Event Format

**Series of talks and workshops  
ending with a social event.**

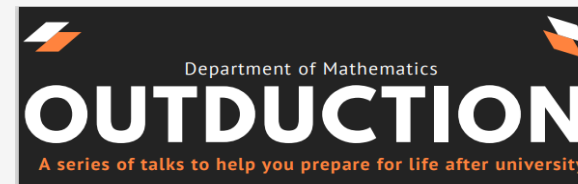
Speakers



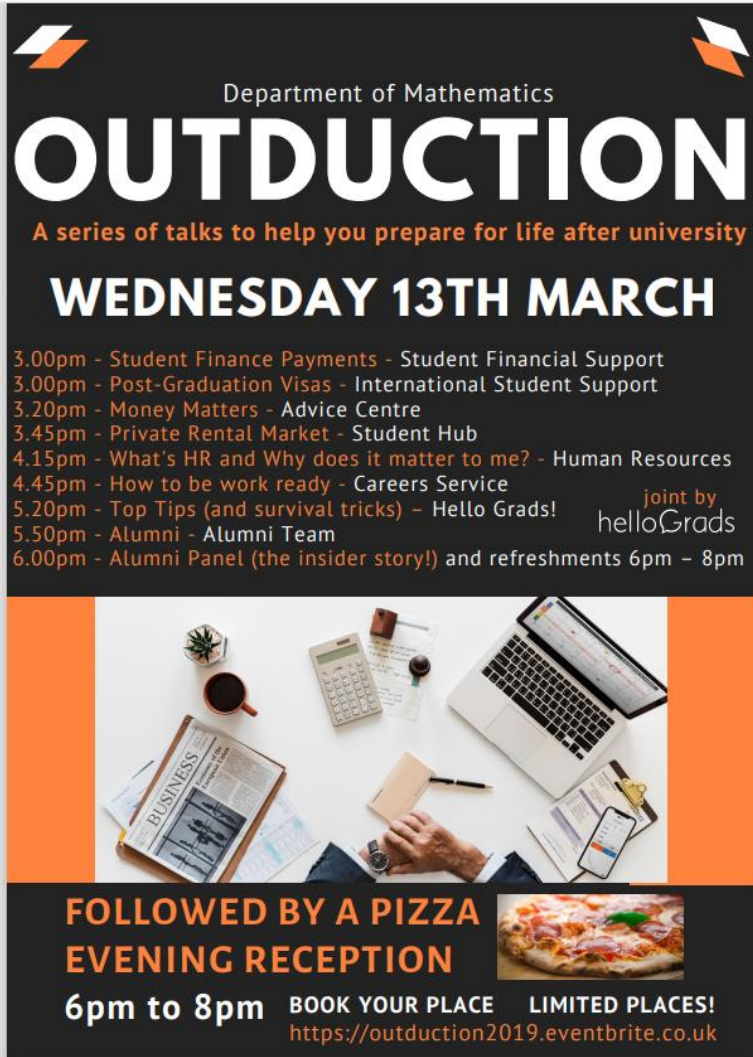
Timing

**End of Term 2**

Branding



# Event Schedule




Department of Mathematics

## OUTDUCTION


A series of talks to help you prepare for life after university

### WEDNESDAY 13TH MARCH

3.00pm - Student Finance Payments - Student Financial Support  
3.00pm - Post-Graduation Visas - International Student Support  
3.20pm - Money Matters - Advice Centre  
3.45pm - Private Rental Market - Student Hub  
4.15pm - What's HR and Why does it matter to me? - Human Resources  
4.45pm - How to be work ready - Careers Service  
5.20pm - Top Tips (and survival tricks) - Hello Grads! joint by  
5.50pm - Alumni - Alumni Team helloGrads  
6.00pm - Alumni Panel (the insider story!) and refreshments 6pm - 8pm



**FOLLOWED BY A PIZZA EVENING RECEPTION**

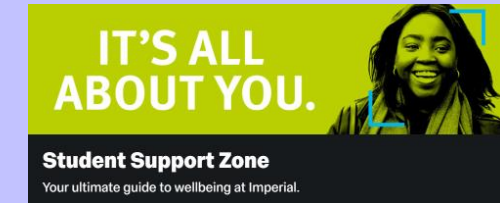


6pm to 8pm **BOOK YOUR PLACE LIMITED PLACES!**  
<https://outduction2019.eventbrite.co.uk>

*Advert from Outduction 2019*

Over the years we have collaborated with the following Imperial Services:

- Student Financial Support
- International Student Support
- Careers
- Student Accommodation Office
- Alumni Relations
- Imperial Student Union Services
- Human Resources
- FoNS Student Wellbeing Advisers



We have worked with former students:

- Alumni Panel on Transition
- Being PhD Ready





# Event Schedule

Departments of Mathematics and Physics

# OUTDUCTION

A series of talks to help you prepare for life after university

## WEDNESDAY 4TH MARCH

3.00pm - Welcome & Registration  
3.10pm - Working in the UK after Study- International Student Support  
3.30pm - Private Rental Market - Student Hub  
3.50pm - Money Matters after University - Student Financial Support  
4.30pm - What is it like to be a PhD student? - Current PhD Students  
5.00pm - Work Ready & Applying for Jobs - Careers Service  
6.00pm - Alumni Panel - Maths and Physics Imperial Graduates

Joint by **IOP** **helloGrads** **institute of mathematics**

**GRAB YOUR FREE GOODIE BAG** **FREE LINKEDIN HEADSHOT (3pm to 4.30pm)**



**FOLLOWED BY A EVENING RECEPTION**  
6pm to 8pm **BOOK YOUR PLACE LIMITED PLACES!**  
<https://outduction2020.eventbrite.co.uk>



*Advert from Outduction 2020*

Imperial College London

Finishing of the Social Event – students can relax and speak to other leavers and alumni.



Have combined this event with Maths Finalist Party to increase engagement for Outduction.

Professional photographer for a “LinkedIn” style professional individual photo shoot opportunity for students



We also have offered CV Clinic drop-ins too.

We have worked with external organisations such as Hello Grads

[Losing friends, moving home and being broke - life after university - BBC News](#)

# helloGrads

Institute of Mathematics and its Applications (and Institute of Physics when joint with Physics)



# Adaptation over the years



**Reviewing, developing, refining the programme annually – responding to student feedback.**

## Talks dropped:

- HR
- Advice Centre

## Talks modified:

- Careers – Work Ready
- Student Finance – Money Matters after University

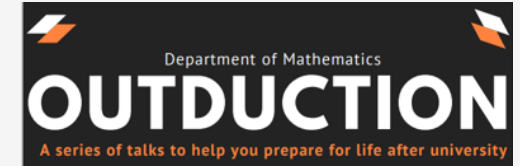
## New workshops:

- Wellbeing during transitions (FoNS Wellbeing Advisors supported by alumni)

## Working with other departments:

- 2020 and 2021 – Worked with Physics
- Invited other FoNS departments to sign-up

# Adaptation over years



## **Reviewing, developing, refining the programme annually – responding to student feedback :**

### Changing the timings:

Timetabling challenges and ensuring information at the “right time”:

### Changing the format:

Moved from a day conference style programme to a series of outduction “branded” events throughout the year

### Widening the remit:

Including many events already existing in our student experience programme, eg:

- Careers fairs/talks
- Further study information sessions (applying for a PhD)
- Ethics in Mathematics lunchtime talk

# Out-duction – why?

Imperial's Mental Health and Wellbeing Strategy, launched in June 2023, includes transitions (at every stage) as part of the nine strategic goals, specifically noting:

“support exiting students with clear information about what to expect once they leave university, and with external services to enable a smoother transition out of university support and into something different.”

<https://www.imperial.ac.uk/media/imperial-college/about/public/Mental-Health-Strategy-final.pdf> (p. 9)

Outduction style events can provide one way to support students in this transition, supporting them in their path to being successful graduates and Imperial alumni.

# IMPERIAL

## Questions?

